

10 Things You Can Do to Combat Climate Change

1. Talk to people about Climate Change

See suggestions below.

2. Plant trees and/or preserve existing ones

a. oak, beech and maples are best

b. buy recycled/keep trees standing

3. Fly less/purchase carbon allowances

a. non-stop flights release less carbon

b. visit carbonlighthouse.org

4. Eat less meat and dairy (try for locally produced food)

a. plant-based foods produce much lower emissions

b. local goods reduce emissions

5. Leave the car at home more

a. combine errands to reduce trips

b. carpool, bike, walk, public transportation

6. Reduce your energy consumption

a. LED lights, efficient appliances

b. get a free energy audit

7. Invest responsibly

a. support solar, wind energy

b. review support for extraction companies

8. Cut consumption and waste

a. use things longer, consider 2nd hand

b. eat your leftovers

9. Join local groups

a. google: “Michigan groups tackle climate change”

b. join a CC book club

10. Vote with climate in mind

a. seek candidates’ climate views

b. advocate for climate friendly causes

Please pick two of the easiest for you to do in the next week.

Great solution videos: drawdown.org My website: weatherchris.com

Only 1/3 of Americans ever talk about climate change.* Let's change that.

5 Tips to Help You Talk About Climate Change

- 1. Focus on important people in your life first (family, friends, co-workers).**
- 2. Introduce it casually, ask lots of questions and LISTEN (what do they care about?).**
- 3. Come prepared w/ some facts (i.e. 2023 was warmest on record) but know when to back off.**
- 4. Make it personal, share why you care and focus on shared values.**
- 5. Focus on the solutions (it's still solvable) since individual action isn't enough. We need government and corporate action also, and we need it now.**

*** Climate Change in the American Mind, April 2022 - Yale Program on Climate Change Communication**

OK, Here's 5 More...

- 1. Forget the trolls and deniers (they're down to about 10% of Americans).**
- 2. Repel false narratives: science is NOT on the fence about climate change!**
- 3. Focus on hope, not fear (solutions abound, with many positive impacts).**
- 4. Envision a future life with a calmer climate (dream and have fun).**
- 5. Continue the conversation later – it could be a long process.**

<https://bit.ly/2YBdVjA> - Katharine Hayhoe TED talk on climate conversations - 17 minutes