



CARING FOR EACH OTHER **MUTUAL AID &** **PROTECTION**

160 WAYS TO CHANGE THE WORLD
WITHOUT LOSING YOUR SH*T

LET'S CONNECT!



Introduce Yourself

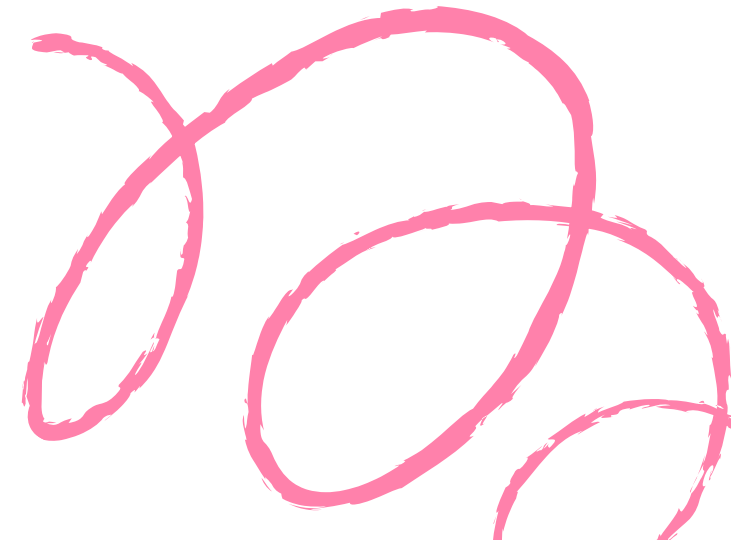
- Where in Ohio are you joining from?
- Are you in a TroubleNation group?

HOW WE DO IT

OUR MISSION

Red Wine and Blue Team Ohio provides an inviting and actionable pathway to political literacy and civic engagement about common-sense issues facing women.

We build community through approachable content, friend-to-friend organizing, and personal storytelling.





MEET TEAM OHIO

email us at
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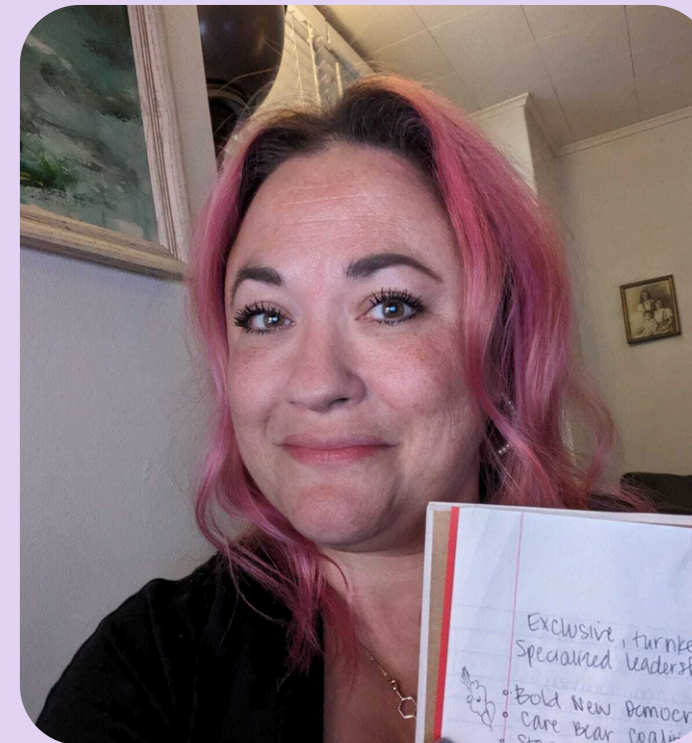
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COMMUNITY NORMS

- Take care of your needs
- Lean into your discomfort
- Be considerate of the space you take up
- Assume best intentions
- Understand that this space cannot hold everything
- Commit to this not being the last action you take

RAPID RESPONSE STRATEGY



- Overwhelm is a strategy
- When they go low, we go local
- Concentrate on what we can control
- Spread the responsibility for following issues
- Lean on the expertise of partner organizations
- Create concrete actions
- We are the majority



160 WAYS TO CHANGE THE WORLD

WITHOUT LOSING YOUR SH*T



WHAT IS THE GUIDE?

- A **toolkit** with detailed explanations and specific actions you and your group can take to be effective in countering extremism
- A **resource** with “how-to” links and a source of inspiration for effective actions not yet developed
- A **roadmap** for making a difference where you live by focusing efforts in four, important areas of organizing



GUIDE FOCUS AREAS

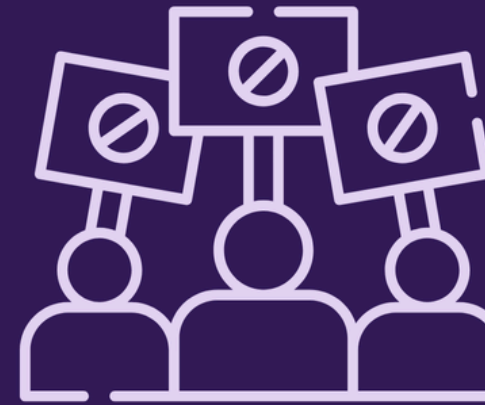
BUILDING YOUR COMMUNITY



TAKING BACK POWER: ELECTIONS & ADVOCACY



SHOWING UP: PROTESTS, BOYCOTTS, & BEYOND



CARING FOR EACH OTHER: MUTUAL AID & PROTECTION



THE SECRET TO EFFECTIVE MESSAGING



CARING FOR EACH OTHER



- Coming together to meet community's needs
- Supporting those being marginalized/targeted
- Being in solidarity with others when they need it most

- ★ Learn about mutual aid from the past
- ★ Build a community resource list to share
- ★ Fundraise to support those in need
- ★ Send cards to groups/people under attack
- ★ Spread the word on how to get reproductive healthcare

WHAT IS MUTUAL AID?

Mutual aid and charity may seem similar, but they approach helping others in very different ways. **Charity often works as a one-way system**, where those with more resources give to those in need. **Mutual aid is all about solidarity and community cooperation** — everyone supports each other. Mutual aid addresses the root causes of inequality, while charity tends to only provide temporary solutions without addressing systemic issues.

WHITE SAVIOR COMPLEX

- **Assumption of superiority:**

A belief that the white individual possesses superior knowledge, skills, or resources to help those in need.

- **Disempowerment of local communities:**

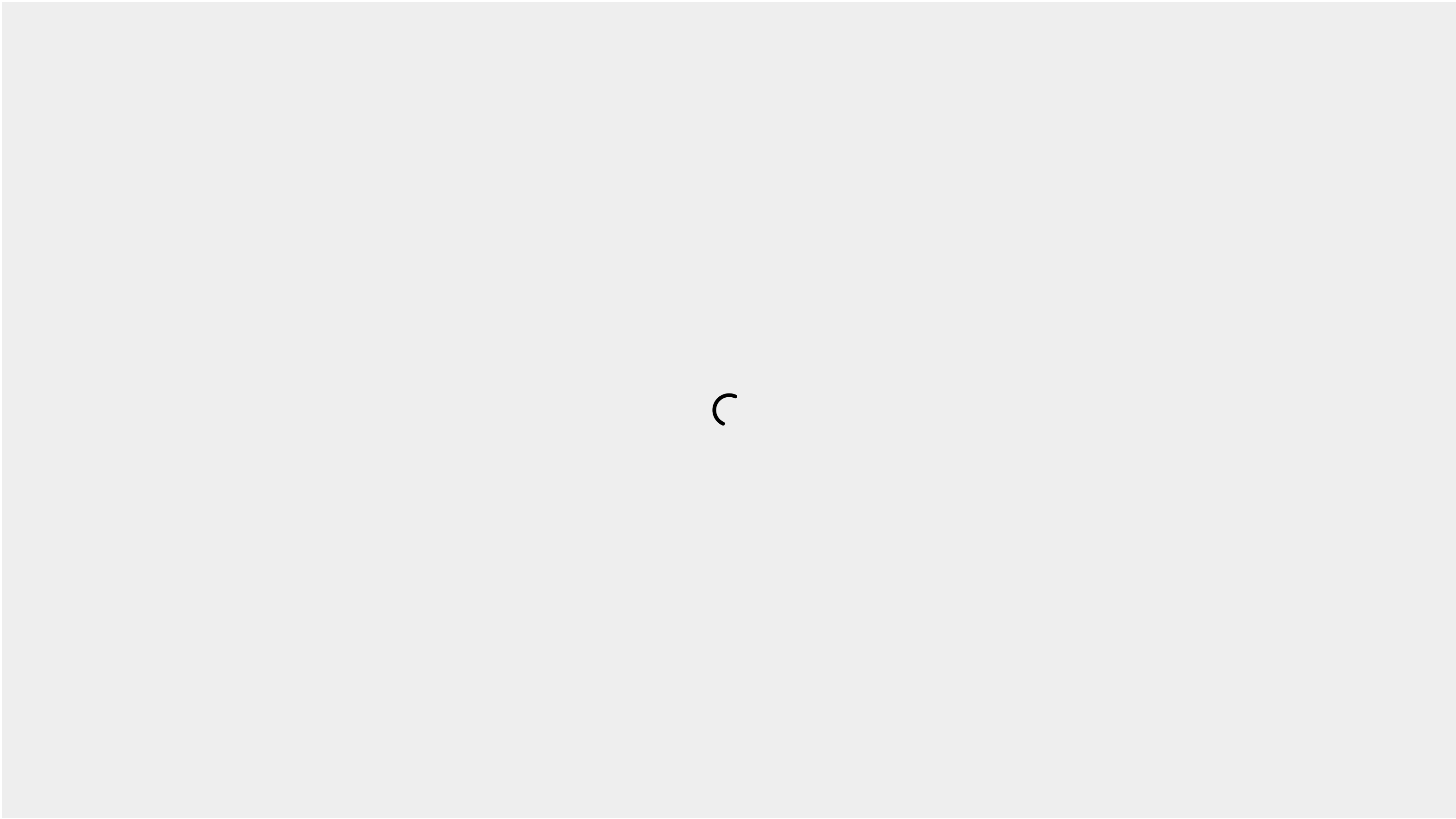
The actions of a "white savior" can inadvertently undermine the agency and capabilities of the very people they aim to assist.

- **Reinforcement of harmful stereotypes:**

It can perpetuate the idea of non-white communities as helpless and dependent, while casting the white individual as the heroic agent of change.

- **Self-serving motivations:**

While ostensibly altruistic, the "savior" may be motivated by a desire to feel good about themselves or to gain recognition.





BREAKOUT ROOM

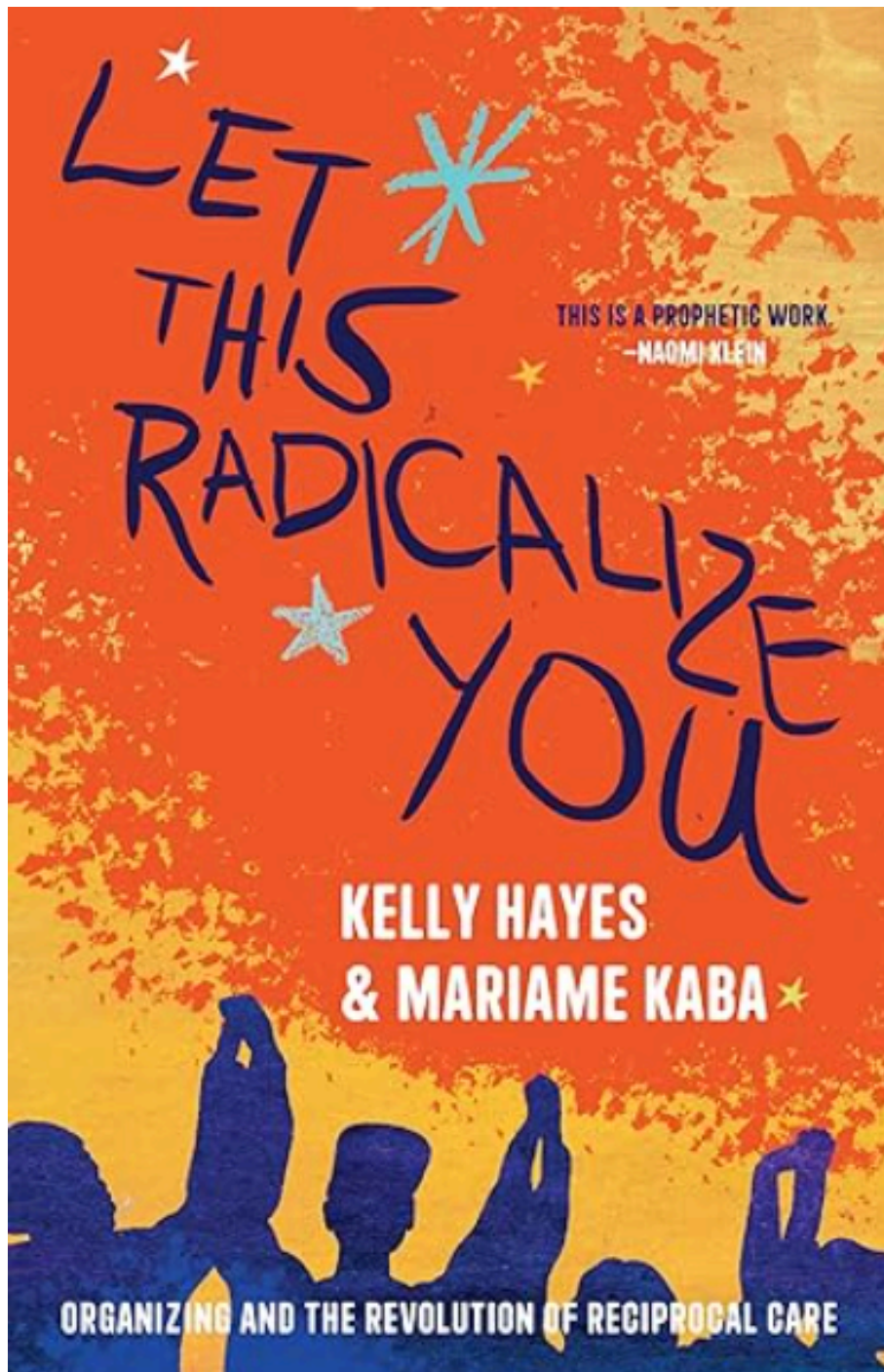
1. Is the concept of white saviorism new to you?
2. Do you recognize it in your own past interactions and/or in your peers?
3. What do you think about that concept of transactional vs transformational?

**We understand that this can be a tough topic.
Give grace to yourself and others.**



REPORT OUT FROM BREAKOUT ROOMS





“People like to think about generosity as this one-way thing, but **mutual aid is not charity**.

It’s a form of **political participation** in which people take responsibility for caring for one another and **changing political conditions**, not just helping people survive them.”

– **Mariame Kaba**, organizer and educator

COMMUNITY SURVIVAL PROGRAMS

Black Panther Party Community Survival Programs: Lessons in Mutual Aid and Resistance. [The Anti-Authoritarian Playbook by Scot Nakagawa](#)

Black Panther Party Mutual Aid Programs

- More than 60 community programs
- These programs weren't just about providing services; they were about building power
- There's a lot we can learn from their strategy, their tactics, and their impact, especially for those of us organizing today in the face of rising authoritarianism

FREE BREAKFAST FOR CHILDREN

The Problem

Wide-spread hunger in Black communities impacting learning

The Solution

Free breakfast programs, feeding tens of thousands of kids every day in schools, churches and community centers

The Strategy

Meet an immediate need drawing attention to systemic neglect and providing moments of solidarity and empowerment

The Impact

Pressured the federal government to act and showed community solutions can be more effective than those by the state



FREE HEALTH CLINICS

The Problem

Poor access to healthcare in Black communities with systemic racism in medicine

The Solution

Free health clinics offering services from basic healthcare, sickle cell anemia testing and acupuncture

The Strategy

Collaboration with values-aligned medical professionals and combined services with education about health disparities

The Impact

Clinics saved lives, built trust, and exposed systemic failure



COMMUNITY PATROLS

The Problem

Rampant police brutality in Black communities with little accountability

The Solution

Organized arm patrols to monitor police activity and protect residents

The Strategy

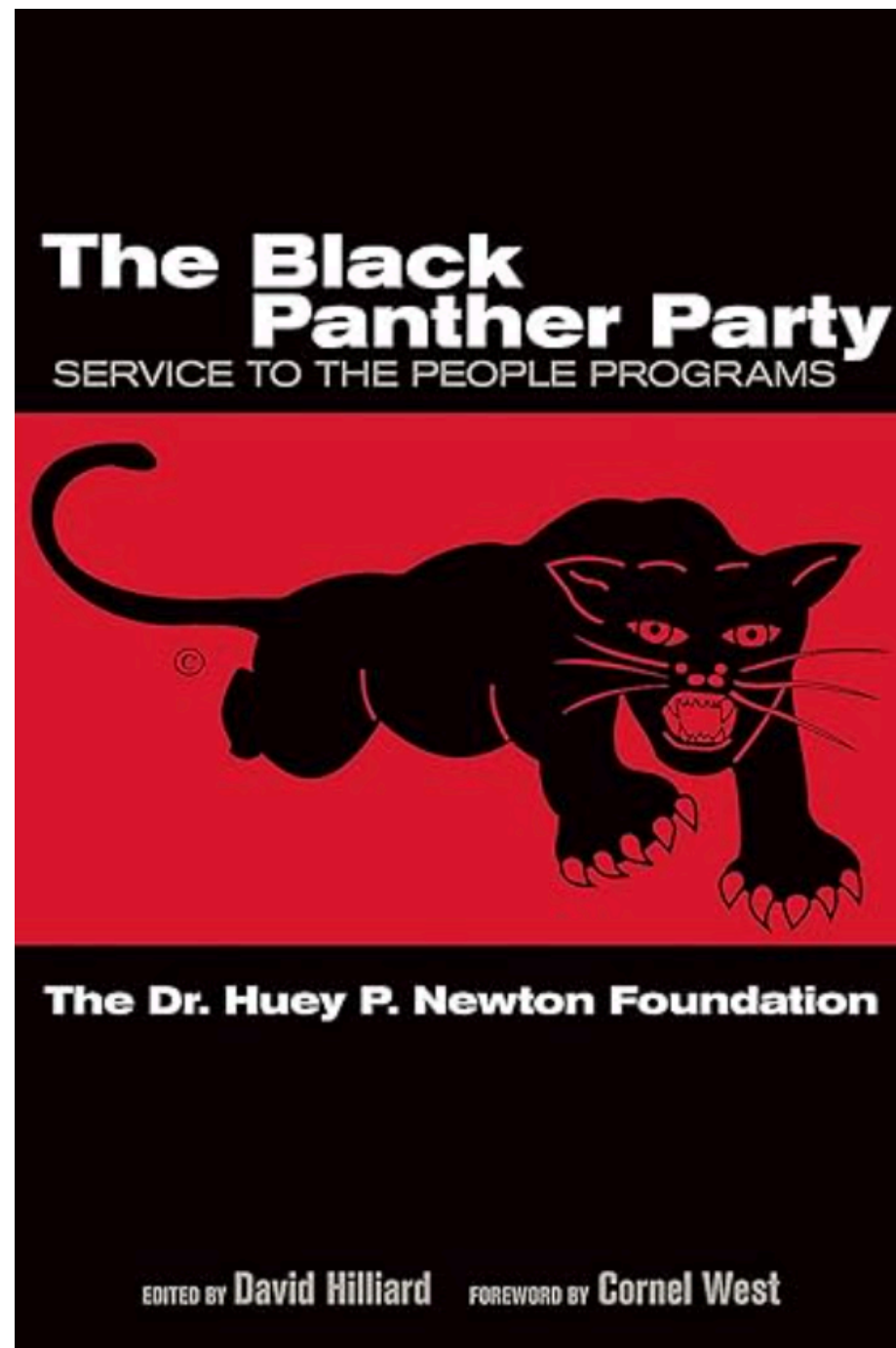
Used California's open carry laws to make their presence known while educating people about their legal rights

The Impact

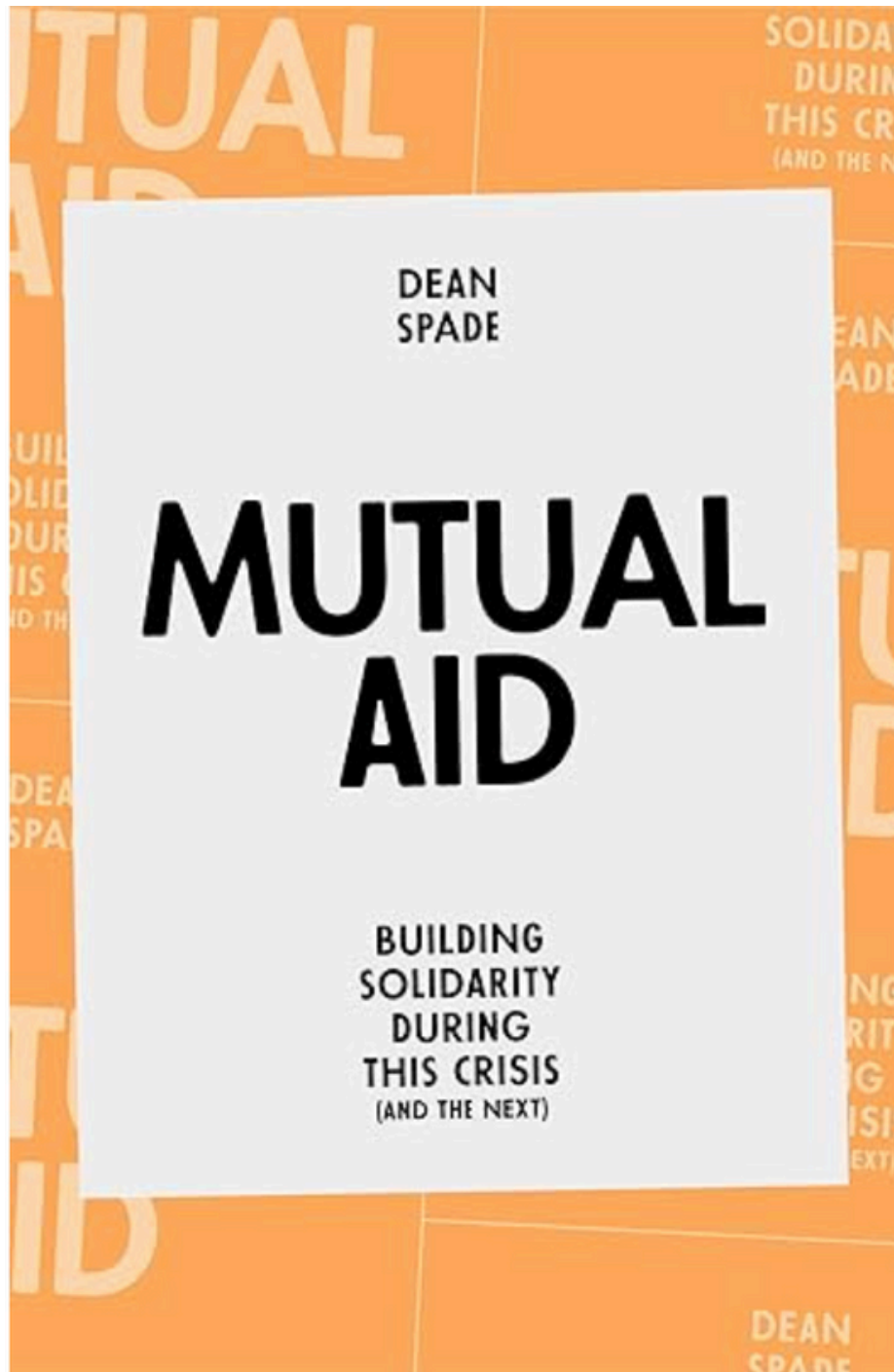
Patrols raised awareness and deterred police violence, but they also drew police scrutiny and reprisal from law enforcement



LESSONS LEARNED



- Build programs that address immediate needs
- Tie aid to advocacy
- Guard against state repression
- Empower communities, not just individuals
- Start small, but think big
- Prioritize security
- Leverage partnerships
- Build leadership from within
- Control the narrative



“Mutual aid projects let us practice meeting our own and each other’s needs, based in **shared commitments to dignity, care, and justice.**

They let us practice coordinating our actions together with the belief that **all of us matter** and that we should all get to participate in the solutions to our problems.

They let us realize that we know best how to address the crises we face.”

Mutual Aid: Building Solidarity During This Crisis by Dean Spade

What mutual aid looks like in Ohio this year!



GET INVOLVED

You may choose to focus on supporting **one targeted community or several**. As the consequences of this administration's policies continue to hit home;

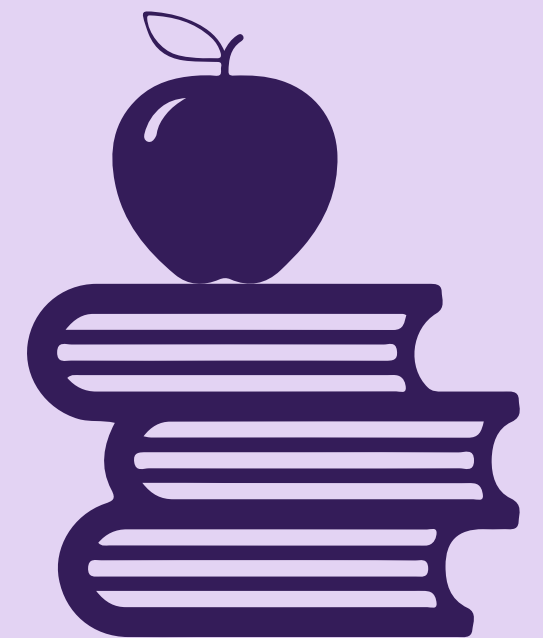
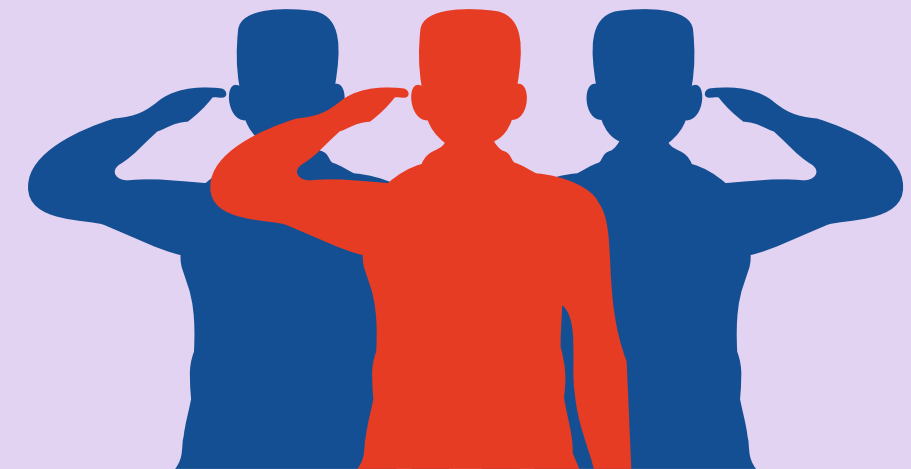
- climbing food prices/decreased SNAP benefits
- Medicaid cuts
- housing price increases
- teacher shortages

That's where local assistance can help. You're often in the best position to act quickly and provide aid or protection in your community.

IS THERE A SPECIFIC GROUP YOU'RE INTERESTED IN SUPPORTING?



- LGBTQ+
- FEDERAL WORKERS
- IMMIGRANTS
- VETERANS
- THOSE WITH DISABILITIES
- BLACK & BROWN PEOPLE
- PUBLIC EDUCATION EMPLOYEES
- THE ELDERLY



BREAKOUT ROOM



1. Identify an immediate need in or around your community?
2. Brainstorm potential solutions
3. How will you incorporate advocacy in your plan?
4. What security measures will you include?



TAKE ACTION

- Stay Connected Through Community Check-Ins
- Intentionally Reach Out To Marginalized Individuals/Groups
- Build A Community Resource List
- Conduct Fundraisers To Financially Support Those In Need
- Send Cards Or Messages To Community Members Who May Need A Boost
- Start A “You Belong” Campaign In Your Community

JOIN US FOR PART 3!







**AROUND THE GUIDE
IN THREE SUNDAYS**

Let's Explore the 160 Ways to Change the World Guide Together!

Join Team Ohio to learn and be inspired!

**TAKING BACK
POWER:
ELECTIONS & ADVOCACY**





SUNDAY, AUGUST 24TH | 7 PM ET | VIRTUAL

CONNECT WITH US!



Join the RWB
Ohio Facebook Group
<https://go.redwine.blue/OHfb>



Download the RWB APP!



RWB Ohio Events
<https://go.redwine.blue/ohio-events>